

BUILDING THE BRIDGE OF CONNECTION: CREATING A MEANINGFUL RELATIONSHIP

"My" World
 Personality
 Family of Origin/Culture
 Attachment Style
 Experiences
 "Relational Model" Style
 Meaning Constructions
 Core Beliefs/Schemas
 Love Language
 Values

"Your" World
 Personality
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**"Our" World
- Between Us -**

Creating an Ongoing Meaningful Encounter
 Relationship Style—Connection and Conflicts
 Address Existential Blocks—Individual Meanings to Issues

COMMUNICATION

**Relationship-Meaning
Triangle**

**Appreciation
Connection
Love**



TRUST ATTITUDE RESPECT

- ♦ Learn about:
 - each of our worlds
 - "our" relationship
- ♦ Create Meaning in the relationship through the R-M Triangle
- ♦ Stand on the bridge to collaborate
- ♦ Conflict resolution styles to recover from existential blocks