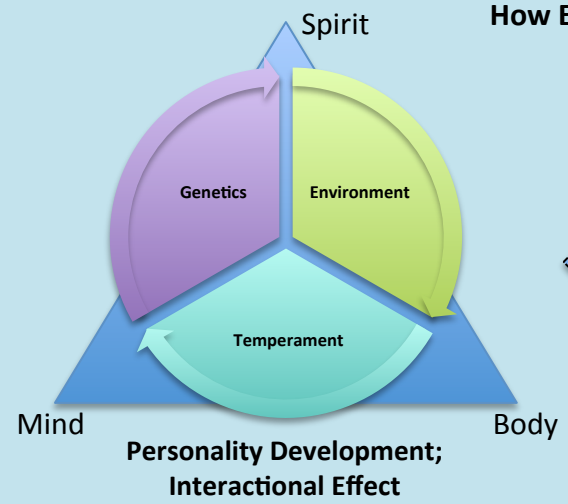


# The Body Holds the Memory, The Mind Acts it Out- Applying Logotherapy

## How Each Process Impacts our Internal Feeling and Outward Doing



- Physical & Sexual Abuse (&/or Witnessing)
- Physical & Emotional Neglect (&/or Witnessing)
- Psychological Abuse & Distress (&/or Witnessing)
- Family Dysfunction/ Mental Illness/ Substance Abuse/ Incarceration of Caregivers
- Extreme Distress, Disruption & Confusion

Incidents are usually not standalone events

Adverse Events Impacting Total Physiology during Early Development; Alter Personality Development & Brain Functioning

